



Dance (Ballet)

To perform a series of rhythmic and highly technical patterned bodily movements usually performed to music using grace precision.

Requirements:

1. The solo performance must not exceed five (5) minutes. Contestants not adhering to the maximum time requirement are subject to point deduction and/or disqualification.
2. Costumes are optional, but should be appropriate to the choreography performed.
3. The theme and/or type of the performance must be identified to the judges prior to the presentation. Types include: Classical Ballet, Contemporary Ballet, Neo-classical Ballet, or Story Ballet.
4. The piece must be performed in ballet slippers/flats, or pointe/demi pointe shoes. Bare feet are only acceptable for Contemporary Ballet.

Contestants Will Be Judged By The Following Criteria:

- Technical Proficiency/Skill (25 pts)
 1. Alignment
 2. Strength
 3. Endurance
 4. flexibility
 5. coordination
- Clarity and Consistency in Style (25 pts)
- Phrasing/Dynamics/Musicality (25 pts)
- Clarity of Intent/Interpretation of Choreography (25 pts)